

2010-2011 Valley Aquatics Practice Schedule

KCAC:

	Monday	Tuesday	Wednesday	Thursday	Friday
Gold	5-8 (Ted)	6-8 (Ted)	5-7:30 (Ted)	5-8 (Ted)	5-7 (Ted)
Gold II	6-8 (Ted)	6-8 (Seth)	5-7:30 (Seth and Ted)	6-8 (Ted)	5-7 (Seth and Ted)
Silver	6-7:30 (Seth)	5-6:30 (Seth)	6-7:30 (Seth)	6-7:30 (Seth)	6-7:30 (Seth)
Bronze	5-6 (Suzanne)	5-6 (Suzanne)		5-6 (Suzanne)	

Saturdays are available for gold, gold II, and silver on a regular basis. Please check the weekly update for times. They are normally held at the auburn pool.

Community Center @ Celebration Park

	Monday	Tuesday	Wednesday	Thursday	Friday
Bronze	4:30-5:30 (Rob)		4:30-5:30 (Rob)	4:45-5:45 (Rob)	
Blue	5:30-6:15 (Rob)		5:30-6:15 (Rob)		

Puyallup (begins early November. Check back to website for specific date)

	Monday	Tuesday	Wednesday	Thursday	Friday
HS Prep	4:30-6 (Patrick)	@ KCAC see schedule above (gold II)	4:30-6 (Patrick)	4:30-6 (Patrick)	4:30-6 (Patrick)
Silver	4:30-6 (Patrick)	@ KCAC see schedule above	4:30-6 (Patrick)	4:30-6 (Patrick)	4:30-6 (Patrick)
Bronze	4:30-5:30 (TBD)		4:30-5:30 (TBD)	4:30-5:30 (TBD)	
Blue	5:15-6 (TBD)		5:15-6 (TBD)		